

ST. ANN'S COLLEGE, AUTONOMOUS
IGNOU STUDY CENTRE 01162
M.SC DFSM
PRACTICAL TIME TABLE SCHEDULE
CONSOLIDATED

First year – MFNL 2,3,6,8
Second year MFNL 4,5,7

FIRST YEAR MSCDFSMS PRACTICALS				
S.No	MFNL 2	MFNL 3	MFNL 6	MFNL 8
1.	06-07-24 AN 12pm-4pm	30-06-24 – FN 11.40am-3.40pm	09-06-24 – FN 9am-1pm	09-06-24 – AN 2pm-6pm
2.	07-07-24 FN 9am-1pm	07-07-24 AN 2pm-6pm	24-06-24 – 2pm-6pm	30-06-24 -7.30am-11.30am
3.	13-07-24 11.30pm 3.30pm	13-07-24 4pm-8pm	25-06-24 – 2pm-6pm	05-07-24 AN 2pm-6pm
4.	14-07-24 FN 1 7.30am-11.30am	14-07-24 4pm-8pm	26-06-24 – 2pm-6pm	06-07-24 AN 4.30pm-8.30pm
5.	20-07-24 FN 12.00pm-4.00pm	15-07-24 AN 2.30pm-6.30pm	27-06-24 – AN 2pm-6pm	13-07-24 11.40am-3.40pm
6.	21-07-24 FN1 7.30am-11.30am	16-07-24 AN 2.30pm-6.30pm	30-06-24 – 4pm-8pm	14-07-24 FN 11.40am-3.40pm
7.	24-07-24 FN 11am – 3pm	18-07-24 AN 2.30pm- 6.30pm	04-07-24 – 2pm-6pm	22-07-24 AN 4pm – 8pm
8.	25-07-24 FN 11am – 3pm	19-07-24 AN 2.30pm-6.30pm	05-07-24 AN 2pm-6pm	23-07-24 AN 4pm – 8pm
9.	26-07-24 FN 11am – 3pm	20-07-24 AN 4.30pm- 8.30pm	06-07-24 –FN 7.30am-11.30am	24-07-24 AN 4pm – 8pm
10.	27-07-24 FN 11am – 3pm	21-07-24 AN 11.40am- 3.40pm	07-07-24 –FN1 7.30am-11.30am	25-07-24 AN 4pm – 8pm
11.	28-07-24 – FN 9am-1pm	28-07-24 – AN 2pm-6pm	08-07-24 AN 4pm-8pm	26-07-24 AN 4pm – 8pm
12.	04-08-24 – FN 7.30am-11.30am	04-08-24 – AN 11.40am-3.40pm	09-07-24 AN 2pm-6pm	27-07-24 AN 4pm – 8pm
13.	10-08-24 FN 11.40am-3.40pm	10-08-24 AN 4pm-8pm	10-07-24 AN 2pm-6pm	03-08-24 AN 4pm – 8pm
14.	11-08-24 FN 9am-1pm	11-08-24 AN 2pm-6pm	11-07-24 AN 2pm-6pm	04-08-24 AN 4pm – 8pm
15.	17-08-24- AN EXAM 2pm- 6pm Santoshi & Jessie	18-08-24 AN EXAM 2pm-6pm Sruthi & Shimaila	21-07-24 – 4pm-8pm Exam – AN Phani & Shimaila	25-08-24 – exam -AN 2pm-6pm Asma maam & Shimaila

Submitted for approval please

RD

Approved

[Signature]
21/6/24

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21/6/24

MSCDFSM
First year – MFNL 2,3,6,8

CourseCode:MFNL 002 Course Title: NUTRITIONAL
BIOCHEMISTRY Please note: Session is of 4 hours, Total-15 sessions 14 session+ 1 Examination

FN (ForeNoon) - 9am- 1pm

AN (AfterNoon) 2pm – 4pm

Counselor - Dr.M.Santoshi Lakshmi/ Ms.Hannah Jessie Francis

SessionNo	Date & Time	Practical
1	06-07-24 AN 12pm-4pm	Techniques- Colorimetry
2	07-07-24 FN 9am-1pm	Measurement of pH buffers and instruments
3	13-07-24 11.30pm 3.30pm	Qualitative test of carbohydrates - Monosaccharides
4	14-07-24 FN 1 7.30am-11.30am	Qualitative test of carbohydrates - Disaccharides
5	20-07-24 FN 12.00pm-4.00pm	Qualitative test of carbohydrates - Polysaccharides
6	21-07-24 FN 1 7.30am-11.30am	Methods of estimation of ascorbic Acid in green chillies
7	24-07-24 FN 11am – 3pm	Methods of estimation of ascorbic Acid in cabbage
8	25-07-24 FN 11am – 3pm	Estimation of reducing sugar by Benedict's method
9	26-07-24 FN 11am – 3pm	Estimation of reducing sugar by Fehling's method
10	27-07-24 FN 11am – 3pm	Determination of saponification Number
11	28-07-24 – FN 9am-1pm	Estimation of glucose by NS Method
12	04-08-24 – FN 7.30am-11.30am	Qualitative and Quantitative Techniques
13	10-08-24 FN 11.40am-3.40pm	Qualitative test of Ca, P and Fe
14	11-08-24 FN 9am-1pm	Estimation of Iron by Wongs method
15	17-08-24- AN EXAM 2pm-6pm Santoshi & Jessie	Examination

Submitted for approval please.

For
Dr. Raju Bora, ATPO
IPCCU PG, Hyderabad

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Approved

[Signature]
 2/8/24

Tentative Time Table

Course Code: MFNL 008

Course Title:

Counselor: Ms. Asma Sajid / Ms. Ayesha Khan

Please note: Session is 4 hours, Total 15 sessions

Session No.	Date	Practical
1	09-06-24 - AN 2pm-6pm	Evaluation of Food Grains for Their Physical Characteristics
2	30-06-24 - 7.30am-11.30am	Honey
3	05-07-24 AN 2pm-6pm	Experiments on the Chemistry of Cereals
4	06-07-24 AN 4.30pm-8.30pm	Fats and Oils
5	13-07-24 11.40am-3.40pm	Evaluation of Milk Samples 1
6	14-07-24 FN 11.40am-3.40pm	Evaluation of Milk Samples 2
7	22-07-24 AN 4pm - 8pm	Sensory Evaluation of Foods
8	23-07-24 AN 4pm - 8pm	Chemistry of Colloidal Particles
9	24-07-24 AN 4pm - 8pm	Food Colours 1
10	25-07-24 AN 4pm - 8pm	Food Colours 2
11	26-07-24 AN 4pm - 8pm	Preservation of Foods 1
12	27-07-24 AN 4pm - 8pm	Preservation of Foods 2
13	03-08-24 AN 4pm - 8pm	New Product Development 1
14	04-08-24 AN 4pm - 8pm	New Product Development 2
15	25-08-24 - exam - AN 2pm-6pm Asma maam & Shimaila	Exam

Submitted for approval please

Dr. Raju Gouda, AN
Hyderabad

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21/6/24

ASMA

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Tentative Time Table

Course Code: MFNL 003

Course Title: Food safety and Food Microbiology practical

Counselor: Ms. Sruthi Kalva

Please note: Session is 4 hours, Total 15 sessions

Session No.	Date	Practical
1	30-06-24 - FN 11.40am-3.40pm	Functioning and use of various Microbiological, laboratory equipment.
2	07-07-24 AN 2pm-6pm	Preparation of general purpose Media
3	13-07-24 4pm-8pm	Preparation of selective and differential media
4	14-07-24 4pm-8pm	Preparation of culture for yeast and Moulds
5	15-07-24 AN 2.30pm-6.30pm	Subculturing of culture
6	16-07-24 AN 2.30pm-6.30pm	Isolation of pure culture of bacteria by streak plate method
7	18-07-24 AN 2.30pm-6.30pm	Estimation of number of bacteria by pour plate method & Spread plate Method
8	19-07-24 AN 2.30pm-6.30pm	Preparation of smear, Simple strain and Gram stain of Bacteria culture.
9	20-07-24 AN 4.30pm-8.30pm	Acid fast staining, Spore staining, Yeast and mould staining
10	21-07-24 AN 11.40am-3.40pm	Enumeration of Yeast and Mould, Total Plate Count, Coliform count
11	28-07-24 - AN 2pm-6pm	MBRT Test
12	04-08-24 - AN 11.40am-3.40pm	Isolation of Pathogen E.coli, Salmonella
13	10-08-24 AN 4pm-8pm	Isolation of Pathogen Shigella, Vibrio
14	11-08-24 AN 2pm-6pm	Biochemical Test
15	18-08-24 AN EXAM 2pm-6pm Sruthi & Shimaila	Internal Examiner - Ms. Sruthi Kalva External examiner Ms. Amtul Shimaila

Submitted for approval please

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21/6/24

Dr. Raju Boilla, ARD
IGNOU RC, Hyderabad

Counsellor:Ms.Y.V.Phani Kumari

Please note: Session is 4 hours, Total 15 sessionsBatchNo.:

Session No.	Date	Practical
1	09-06-24 - FN 9am-1pm	Introduction&UseandInterpretationofnutritional charts
2	24-06-24 - 2pm-6pm	Assessmentofnutritionalstatusofpre-schoolers Anthropometry&clinical assessment
3	25-06-24 - 2pm-6pm	Foodfrequency&24 hrrecall
4	26-06-24 - 2pm-6pm	NutritionalConcernsAmongVulnerablegroups Strategies/ActionstoTackle
5	27-06-24 - AN 2pm-6pm	Nutritiverecipes-Lowcostsnack
6	30-06-24 - 4pm-8pm	Cyclicmenu&Onedish meal
7	04-07-24 - 2pm-6pm	Messagesfornutritionhealtheducation
8	05-07-24 AN 2pm-6pm	DevelopmentofNutritionEducationMaterial- Fieldsetting
9	06-07-24 -FN 7.30am-11.30am	DevelopmentofSuitableTeachingAid
10	07-07-24 -FN1 7.30am-11.30am	DevelopmentofToolstoAssess NutritionKnowledge,AttitudesandPractices
11	08-07-24 AN 4pm-8pm	EvaluationofNutritionEducationAid-Videoclipping
12	09-07-24 AN 2pm-6pm	NutritionEducationProgramme-Planning
13	10-07-24 AN 2pm-6pm	NutritionEducationProgramme-Anganwadi
14	11-07-24 AN 2pm-6pm	CommunityAgency
15	21-07-24 - 4pm-8pm Exam - AN Phani & Shimaila	Examination

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 Approved
 Y.V. Phani Kumari
 Counsellor, MFNL006

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SECOND YEAR MSC DFSM PRACTICALS			
S.No	MFNL 4	MFNL 5	MFNL 7
1.	09-06-24 - FN 9am-1pm	09-06-24 - AN 2pm-6pm	07-07-24 - AN 2pm-6pm
2.	30-06-24 -FN 9am-1pm	30-06-24 -AN 2pm-6pm	13-07-24 AN 4pm - 8pm
3.	03-07-24 AN 2.30pm-6.30pm	04-07-24 AN 2pm-6pm	14-07-24 AN 4pm - 8pm
4.	06-07-24 AN 4pm-8pm	05-07-24 AN 2pm-6pm	22-07-24 AN 4pm - 8pm
5.	09-07-24 AN 4pm-8pm	06-07-24 AN 11.30pm 3.30pm	23-07-24 AN 4pm - 8pm
6.	10-07-24 FN 9am-1pm	07-07-24 FN 9am-1pm	24-07-24 AN 4pm - 8pm
7.	14-07-24 AN 12pm-4.00pm	08-07-24 FN 9am-1pm	25-07-24 AN 4pm - 8pm
8.	22-07-24 FN 11am - 3pm	13-07-24 FN 11am - 3pm	26-07-24 AN 4pm - 8pm
9.	23-07-24 FN 11am - 3pm	14-07-24 FN 7.30am-11.30am	27-07-24 AN 4pm - 8pm
10.	24-07-24 FN 11am - 3pm	15-07-24 AN 2pm-6pm	28-07-24 AN 4pm - 8pm
11.	25-07-24 FN 11am - 3pm	16-07-24 AN 2pm-6pm	03-08-24 AN 4pm - 8pm
12.	26-07-24 FN 11am - 3pm	18-07-24 AN 2pm-6pm	04-08-24 AN 4pm - 8pm
13.	27-07-24 FN 11am - 3pm	19-07-24 AN 2pm-6pm	10-08-24 AN 4pm - 8pm
14.	28-07-24 FN 7.30am-11.30am	20-07-24 AN 2pm-6pm	11-08-24 FN 9am - 1pm
15.	28-07-24 AN 12PM- 4PM Exam Shimaila & Asma maam	21-07-24 AN exam 2pm-6pm urooja & asma mam	11-08-24 -AN 2pm - 6pm - Exam Revathi & urooja

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21/6/24


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Tentative Time Table

Course Code: MFN 004

Course Title: Advanced

Nutrition Counselor: Ms. Amtul Shimaila

Please note: Session is 4 hours, Total 15 sessions

Session No.	Date	Practical
1	09-06-24 - FN 9am-1pm	Calculating Energy Expenditure using Satya Narayan Method
2	30-06-24 -FN 9am-1pm	Calculation of percent energy supplied by Carbohydrates in the diet
3	03-07-24 AN 2.30pm-6.30pm	Chemical score calculation using SAAP, PAAP value
4	06-07-24 AN 4pm-8pm	Calculate Chemical score and NDPCal% of dishes
5	09-07-24 AN 4pm-8pm	Evaluation of protein quality of dishes
6	10-07-24 FN 9am-1pm	Evaluation of protein quality of dishes
7	14-07-24 AN 12pm-4.00pm	Planning and critical evaluation of dish for Supplementary feeding Programme
8	22-07-24 FN 11am - 3pm	Calculating cereal pulse proportions
9	23-07-24 FN 11am - 3pm	Calculating cereal pulse proportions
10	24-07-24 FN 11am - 3pm	Diet plan for sport event
11	25-07-24 FN 11am - 3pm	Diet plan for sport event
12	26-07-24 FN 11am - 3pm	Nitrogen balance study
13	27-07-24 FN 11am - 3pm	Survey on ergogenic aid & Journal article review
14	28-07-24 FN 7.30am-11.30am	Journal article review
15	28-07-24 AN 12PM- 4PM Exam Shimaila & Asma maam	Internal Examiner- Ms Amtul Shimaila External examiner Ms. Asma Sajid

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26/6/24

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Tentative Time Table

Course Code: MFNL 005

Course Title: Clinical Nutrition

Counselor: Ms. Urooja Birjis Fatima

Please note: Session is 4 hours, Total 15 sessions

Session No.	Date	Practical
1	09-06-24 - AN 2pm-6pm	Exchange List and Food Composition tables for Meal Planning
2	30-06-24 - AN 2pm-6pm	Special Feeding Methods
3	04-07-24 AN 2pm-6pm	Nutritional Management of Fevers
4	05-07-24 AN 2pm-6pm	Nutritional Care of Weight Management
5	06-07-24 AN 11.30pm 3.30pm	Planning Diets for Metabolic Diseases
6	07-07-24 FN 9am-1pm	Planning Diets for Metabolic Diseases
7	08-07-24 FN 9am-1pm	Nutritional Management of Gastrointestinal Disorders
8	13-07-24 FN 11am - 3pm	Nutritional Management of Gastrointestinal Disorders
9	14-07-24 FN 7.30am-11.30am	Nutritional Management in Liver, Gall Bladder and Pancreatic Diseases
10	15-07-24 AN 2pm-6pm	Nutritional Management in Liver, Gall Bladder and Pancreatic Diseases
11	16-07-24 AN 2pm-6pm	Planning Diets for Renal Diseases
12	18-07-24 AN 2pm-6pm	Planning Diets for Renal Diseases
13	19-07-24 AN 2pm-6pm	Nutritional Management of Coronary Heart Diseases
14	20-07-24 AN 2pm-6pm	Nutritional Management of Coronary Heart Diseases
15	21-07-24 AN exam 2pm-6pm urooja&asma mam	Final Practical Examination Internal Examiner - Ms. Urooja Birjis Fatima External examiner - Ms. Asma Sajid

Submitted for approval please

Approved

[Signature]

Dr. Raju Bolla, ARD
IGNGURC, Hyderabad

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Course Code: MFNL 007

Tentative Time Table

Course Title: Entrepreneurship

Counselor: Ms. Revathi Vedantam / Ms. Urooja Birjis

Please note: Session is 4 hours, Total 4 sessions + 1

Session No.	Date	Practical
1	07-07-24 - AN 2pm-6pm	Survey to Find out the Prevailing Prices of Various Foodstuffs
2	13-07-24 AN 4pm - 8pm	Analysis of the Relationship between Purchased Amount, Edible Portion and Cooked Weight of Foodstuffs
3	14-07-24 AN 4pm - 8pm	Recipe Conversion
4	22-07-24 AN 4pm - 8pm	Planning and Organizing a Mid Day Snack for Preschool Children
5	23-07-24 AN 4pm - 8pm	Planning and Organizing Meals for College Canteen
6	24-07-24 AN 4pm - 8pm	Planning and Organizing Meal(s) for College Hostel Mess
7	25-07-24 AN 4pm - 8pm	Planning and Organizing Meals for Working Women Hostel
8	26-07-24 AN 4pm - 8pm	Planning and Organizing Meals for Industrial Canteen
9	27-07-24 AN 4pm - 8pm	Planning and Organizing a Meal for Railway Base Kitchen
10	28-07-24 AN 4pm - 8pm	Survey and Review of a Flight Catering Establishment
11	03-08-24 AN 4pm - 8pm	Planning and Organizing Meals for a Birthday Party
12	04-08-24 AN 4pm - 8pm	Planning and Organizing Meals for a Convention/Conference
13	10-08-24 AN 4pm - 8pm	Planning and Functioning
14	11-08-24 FN 9am - 1pm	Preparing a Planning Guide/Prospectus to Set up a Food service unit
15	11-08-24 -AN 2pm - 6pm - Exam Revathi & Urooja	Internal Examiner - Ms. Revathi Vedantam External examiner Ms. Urooja Birjis

Submitted for approval please

Urooja Birjis
M.Sc DFSM AND
IGNOU RC, Hyderabad

Approved
21/6/24